3/5-Step Experiential Learning Cycle

1. Experience
   - the activity; perform, do it
   - Youth do before being told or shown how

2. Share
   - the results, reactions, and observations publicly
   - Youth describe results of the experience and their reactions

3. Process
   - by discussing, looking at the experience; analyze, reflect
   - Youth relate the experience to the learning objectives (life skills and/or subject matter)

4. Generalize
   - to connect the experience to real-world examples
   - Youth connect the discussion to the larger world

5. Apply
   - what was learned to a similar or different situation; practice
   - Youth use the skills learned in other parts of their lives

Adapted from the work of David Kolb (1984) by Pfeiffer and Jones (1985).